Five Fishing Lessons

Remind people that there are fish:

Build hope - Compliment, congratulate and thank people - Treat others the way you would want them to treat you - Spend time with people who are hurting; listen to their stories - Send sympathy cards and notes of encoragment - Hug people who need hugs (and who doesn't?) Visit the elderly - Visit people in nursing homes - Write or call your Grandparents.

Give a person fish:

Provide what people need - Take a meal to a family in need - Rake or mow someones lawn - Shovel their driveway and sidewalk - Donate canned goods to a collection for the hungry - Send money to a mission - Help clean a street, neighborhood or park - If you hear someone needs something that he/she cannot afford buy it (alone or with a friend) and secretly send it to the person - Do chores at home without being asked and without being paid.

Teach a person fishing:

Help people learn how to take care of themselves – Organize a community life skills class – Tutor - Mentor - Support and get involved with an apprenticeship program – Buy products from educational and rehabilitation programs - Share your skills at a community centre - Join Habitat for Humanity for House Build – Tell people their talents and how they can use them to help others - Model service for others.

Teach people to teach fishing:

Empower people to serve one and other - Share your life lessons with others and encourage them to do the same - Give recognition to efforts people make to help others - Thank people when they serve you - Set up and/or support apprenticeship programs - Sponsor someone's studies - Send letters of support an encouragement .

Make it legal to fish :

Work for necessary changes - Challenge systems that don't seem to work and work to improve them - Stand up for those whose voices are not heard or recognised - Call attention to injustice - Write letters of protest to government agencies and representatives - Write letters to newspaper editors - Notify the media about both positive and negative developments in your community – Know and uphold the UN Declaration of Human Rights.