COMPAÑEROS Inc www.companeros.ca

GOING HOME TIPS

What to expect? A welcome home, but limited interest

Difficulty expressing all that happened internally and externally

New ways of looking at things, more questions?

What to practice? use itinerary to stimulate better conversation

refocus the question into specifics using the 5 aspects (HF, SP, VT, EX, GT)

prepare 30 secs, 3 mins, 30 mins responses using the 4Gs

prepare 5 stories with names and 5 photos share your art, souvenirs, journal excerpts

What to do? Appreciate and Act

Tell individual stories

Share photos online

Prepare group presentations

Write – journals, articles, poetry, letters, emails

Read – about Nicaragua again

Pay attention to common issues (e.g. water, housing, art, literacy)

Investigate courses, study abroad, and career options

Learn Spanish

Meet your neighbours, look for Latinos

Serve – volunteer locally

Live simply so that others can simply live

Get together – cook, sing, play soccer, build relationships

Organize a group or refer participants from school, work, church

Raise money for 2013 Barrio Grenada projects

Other.....